



Primary School Lunch Menu

SEPTEMBER - FEBRUARY

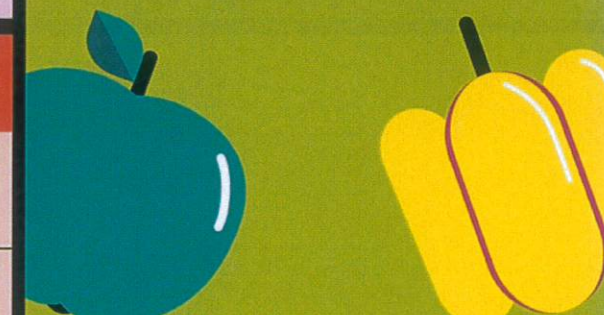
(Menu Option 2wnh)

Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Margherita Pizza Slice (v) Sweet Potato Fries (vg)	Sizzling Sausages with Gravy & Yorkshire Pudding Mashed Potato (v)	Traditional Minced Beef with Dumpling Roast Potatoes (v)	Tex Mex Chicken Enchilada Mexican Rice (v) Chopped Mixed Salad (vg)	Golden Fish Finger or Salmon Bites Chips (vg)
Main Course	Oven Baked Quesadilla (v) Sweet Potato Fries (vg)	Sizzling Quorn Sausage with Gravy & Yorkshire Pudding (v) Mashed Potato (v)	Mexican Style Wrap (v) Roast Potatoes (v)	Rich Pasta Bake (v) Jacket Wedges (v)	Cheese & Onion Quiche (v) Chips (vg)
Chef's choice of seasonal vegetables and Salad Bar (v)(vg) / Baked Potatoes – Cheese (v), Tuna Mayo (v), Beans (v/vg) / Sandwiches (v) options					
Dessert Fresh Fruit (vg), Yoghurt (v), Cheese & Biscuits (v)	Chocolate Muffin (v)	Vanilla Melting Moment Cookie (v)	Fruity Flapjack with Vanilla Custard (v)	Frozen Yoghurt (v)	Steamed Syrup Sponge with Custard (v)
Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Margherita Pizza Slice (v) Seasoned Wedges (vg)	Sizzling Pork Sausage Yorkshire Pudding Mashed Potato (v)	Traditional Roast Chicken Roast Potatoes (v)	Classic Beef Cottage Pie	Golden Breaded Fish Star Chips (vg)
Main Course	Roasted Mediterranean Pizza Slice (v) Seasoned Wedges (vg)	Sizzling Quorn Sausage Yorkshire Pudding (v) Mashed Potato (v)	Mexican Quorn Burrito (v) Roast Potatoes (v)	Rich Tomato & Basil Penne Pasta (v) Chopped Mixed Salad (vg)	Golden Quorn Fingers (vg) Chips (vg)
Chef's choice of seasonal vegetables and Salad Bar (v)(vg) / Baked Potatoes – Cheese (v), Tuna Mayo (v), Beans (v/vg) / Sandwiches (v) options					
Dessert Fresh Fruit (vg), Yoghurt (v), Cheese & Biscuits (v)	Chocolate Crunch Cookie (v)	Fruit in Jelly with Ice Cream (v)	Pancakes with Toffee Sauce & Sliced Banana (v)	Chocolate & Vanilla Marble Cake with Custard (v)	Oat & Honey Muffin (v)
Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Margherita Pizza Slice (v) Chopped Mixed Salad (vg) Cucumber & Carrot Sticks (vg)	Classic Mild Chicken Korma Curry, Naan Bread (v) Steamed Mixed Rice (vg)	Traditional All-Day Breakfast (Sausage, Hash Brown, Beans, Omelette)	Classic Chicken Pie Mashed Potato (v)	Golden Battered Fish Fillet Chips (vg)
Main Course	Crispy Golden Fingers (v) Chopped Mixed Salad (vg) Cucumber & Carrot Sticks (vg)	Rich Pasta Pomodoro (v) Garlic Dough Ball (v)	Traditional All-Day Breakfast (v) (Sausage, Hash Brown, Beans, Omelette)	Classic Quorn Pie (v) Mashed Potato (v)	Crispy Quorn Dippers (vg) Chips (vg)
Chef's choice of seasonal vegetables and Salad Bar (v)(vg) / Baked Potatoes – Cheese (v), Tuna Mayo (v), Beans (v/vg) / Sandwiches (v) options					
Dessert Fresh Fruit (vg), Yoghurt (v), Cheese & Biscuits (v)	Ice Cream with Shortbread Finger (v)	Sticky Toffee Pudding with Toffee Sauce (v)	Homemade Ginger Biscuit (v)	Frozen Yoghurt (v)	Orange Sponge with Chocolate Custard (v)

Week 1	Week 2	Week 3
2 Sept 24	9 Sept 24	16 Sept 24
23 Sept 24	30 Sept 24	7 Oct 24
14 Oct 24	21 Oct 24	4 Nov 24
11 Nov 24	18 Nov 24	25 Nov 24
2 Dec 24	9 Dec 24	16 Dec 24
6 Jan 25	13 Jan 25	20 Jan 25
27 Jan 25	3 Feb 25	10 Feb 25
17 Feb 25		

CHOICE OF DRINKS:

Fruit juice
Reduced fat milk
Chilled water



Menus are subject to availability
(v)suitable for vegetarians (vg)
vegan diets